

31 Days of Kindness



send a thank you note to a veteran

hand out popsicles on a hot day

clean your house without being asked

thank a soldier

leave coins at a vending machine

donate books to a library

leave a kind note in a library book

let someone go first

cheer up a friend

share your toys

MAKE YOUR OWN KIND DEED

help clean up a mess

take a treat to a neighbor

say "hi" to a stranger

read a book to someone

hold the door for someone

tell your mom "I love you"

Say "sorry" when you've done something wrong

make cards for residents at a nursing home

don't complain all day

pick up litter at a park

call your grand-parents

send a classmate a letter

mow your neighbors yard

invite someone over to play

encourage someone
smile

donate clothes
forgive mistakes

give a compliment
volunteer